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HUMANITY AT THE CROSSROADS

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# (1-E) The Lights Along the Way [Updated]

MARCH 27, 2021 - 11 COMMENTS



## Darkness Before Dawn (Part 1-E) – The Lights Along the Way

*Note: This Chapter was first published at [EnergyShifts.net](https://EnergyShifts.net)*

### The Seasons of the Yuga Cycle

Just like with the Maya cycles, the 24,000-year Vedic *Yuga Cycle* consists of fractals, which are smaller cycles within the larger ones. In both frameworks, it's important to be cognizant of the smaller cycles too because of their influence on the larger ones.

A Vedic *Yuga Cycle* contains two smaller cycles within it, namely a *Subyuga* cycle and (within it) a *Subsubyuga* cycle [1]. This provides for a blending of energies, causing each

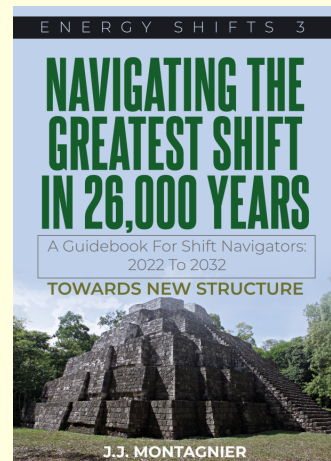
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Yuga to have energy 'seasons'. These seasonal energy-blends determine to a large extent the nature of human consciousness.

### The Current Energy-Blend

From the years 1900 to 3900, the Bronze Age energy of *Dwapara Yuga* is the dominant energy of the *Yuga Cycle*. It's during this age, also known as the *Electric Age*, that human consciousness experiences a growing awareness in relation to energy. That was exemplified in how modern civilization's fossil fuel foundation had its formation around the time when the first commercial oil-wells went into operation in the late 1850s, just a few decades before the commencement of the *Dwapara Yuga* 'Electric Age' in the year 1900.

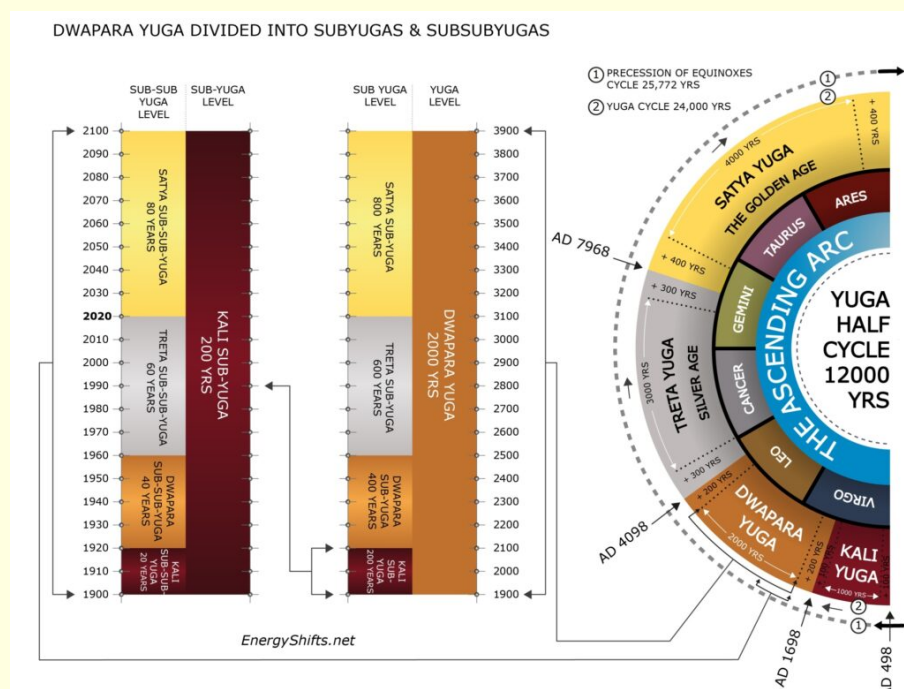
The second strongest energy of our current season is the Iron Age energy of the *Kali Subyuga*. This 200-year sub-season is active between the years 1900 and 2100. Each main energy season has four sub-seasons and we are presently in the first sub-season (the *Kali Subyuga*) of the main energy season (*Dwapara Yuga*).

The impact of the above energy blend on human consciousness is that although people have become very energy-aware since around 1900, that awareness has predominantly been a materialistic awareness of energy accompanied by darker traits such as greed and competition. For example, many of the energy-related geopolitical wars that have been waged since oil became the main driver of modern civilization, are manifestations of that.

### An Important Shift Took Place in 2020

Yuga ages contain the same sequential progression every time from low energy to high energy (from dark to light, and equally from material to spiritual) as they transition through their seasons. The first season is *Kali Yuga* (the Iron Age), followed by *Dwapara Yuga* (the Bronze Age), after which comes *Treta Yuga* (the Silver Age) with *Satya Yuga* (the Golden Age) at the top. That sequence would apply to sub-seasons and sub-sub-seasons too.

When we zoom into the current *Kali Subyuga* (1900 – 2100), we find that in 2020 we shifted into the *Satya Subsubyuga*, which is the Golden Age segment of the *Kali Subyuga* (and the *Kali Subyuga* is the Iron Age segment of the main *Dwapara Yuga*). The *Satya Subsubyuga* will be active for 80 years between the years 2020 and 2100.



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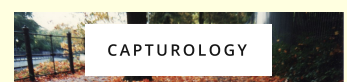
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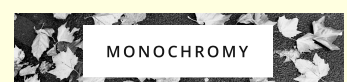
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The implication is that in 2020 we entered the highest, brightest and most spiritual segment within the darkest, and most materialistic sub-season of the main energy season. This is a very significant juncture in time, because the darker, denser and lower vibrating energy of the *Kali Subyuga* will be tempered with an inflow of higher resonating and brighter energy.

One of the potential implications of this shift, which should build momentum during the coming years, could be the illumination of a lot of the darkness that is currently featuring in our world. What could subsequently be the result is the falling away of many illusions through unexpected revelations. However, just how strong the shift will be, remains to be seen.

The Significance of the 2020 Subsubyuga Shift

In 2020 energy started to transition from the *Treta Subsubyuga* (1960 to 2020) to the *Satya Subsubyuga* (2020 to 2100). This transition from a 60-year energy season to an 80-year energy season is still in progress, because energy transitions usually take a few years to complete.

It's worth noting that the reason why the Yuga ages (and their seasons within) are incrementally longer in duration as they progress from one to the next has to do with the distance of each segment to the common *barycentre* (explained in the previous chapter, [The Big Picture View](#)). The nearer to the *barycentre* – which is a consciousness amplification zone – an age is, the higher is its consciousness (25% higher each time [2]) and the longer is its duration.

The transition between the above two *subsubyugas* should take around 6 to 8 years because shifts typically take 10% of the time spans of the seasons just before and after them. The halfway stage of this shift should therefore, by rough estimation, be reached sometime during the years 2023 and 2024.

Towards the end of 2027, or beginning of 2028, that transition should approach its completion stage. By the end of 2028, the energy of the *Satya Subsubyuga* should be fully active. While keeping this in mind, we need to zoom out momentarily to consider some of the larger phenomena currently in progress.

The Dark Rift Transit

The years 2027 to 2032 will also be the midpoint of the winter solstice sun's 145-year transit through the *Cygnus Rift* region of the *Dark Rift* in the Milky Way, which is an exceedingly rare, once in 26,000 years event (first mentioned in [Preparing for the Hero's Journey](#)). The darkness associated with that transit symbolically refers to a journey through the mythological underworld, which comprises transformation, rebirth, and renewal.

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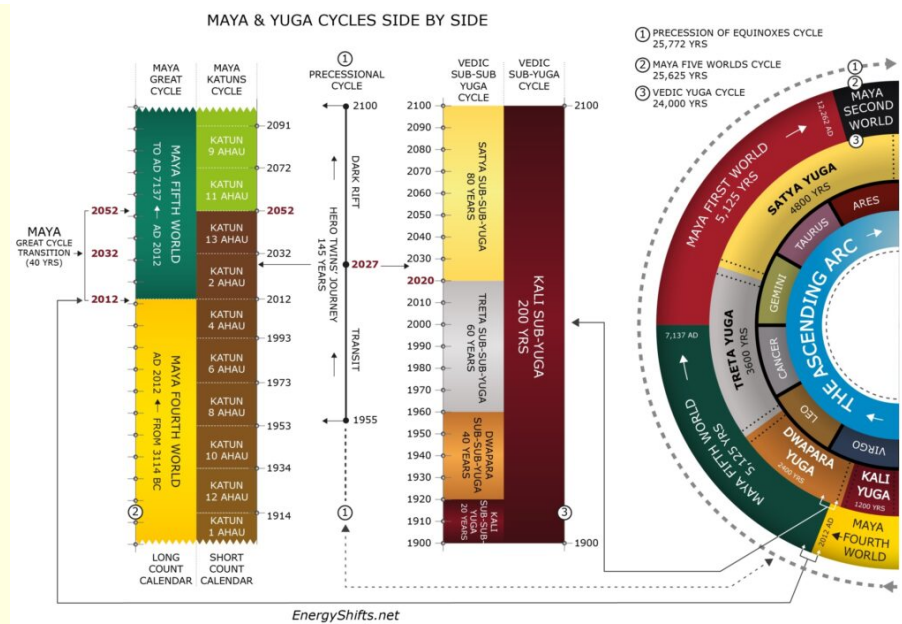
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## The Great Shift and the Greatest Shift

The *Great Shift* refers to a once in 5,125 years shift, i.e., the Maya *Fourth World* to Maya *Fifth World* shift, while the *Greatest Shift* (in the parlance of this essay) refers to the once in 26,000 years *precession of the equinoxes* shift, marked by the *Dark Rift Transit*. The *Great Shift* and *Greatest Shift* coincide only once in 26,000 years, which is why the significance of this transition period that we are currently in cannot be understated.

Although quite a lot is known about the *Great Shift* through the ancient wisdom of the Mayas (more on this in the next chapter), relatively little is known about the nature of the 26,000-year *Greatest Shift*, but clues can be found in the doctrines of some of the long-established esoteric mystery schools that had meticulously collected ancient manuscripts of lost civilizations over the centuries.

## The Transition of the World Soul

Many of those mystery schools hold that there is a *World Soul*, or a World Spirit, or a Logos that embodies, defines and determines the consciousness of the world (and its manifestations) during a given Cosmic Day. That *Universal Soul* contains all the seemingly separated human souls, although all human souls are actually unified within the *Universal World Soul* [3].

The *World Soul* is not considered to be a constant or permanent manifestation [3], but rather it waxes and wanes in accordance with the Cosmic Days and Nights, which are large cycles of time. Towards the end of a Cosmic Day, the *World Soul* (and all the human souls within it) would go into hibernation for a time, before it emerges again as a newly born *World Soul* that energetically manifests for the entirety of a new Cosmic Day, until the next *World Soul* hibernation period comes around again.

Even though the Cosmic Days and Nights could span aeons of time, the 26,000-year *precession of the equinoxes* cycle qualifies as a fractal of a Cosmic Day, and so does a 5,125-year Maya *Great Cycle*. In other words, the same principle would apply in terms of the natural dimming or down-turning of consciousness as these cycles simultaneously wind down into their hibernation periods and that's what's happening right now.

These large cycles are energy cycles and as the energy wanes, so does consciousness. That's not to say that the majority of people would be aware that consciousness is dimming, because the effects are very subtle, yet a deterioration in consciousness can be observed in how human behaviour has changed in recent years (more on this in the next chapter).

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## The Night Sea Journey

Another clue for the nature of a *World Soul* transition can be found in the works of Carl Gustav Jung, who had extensively studied the myths of ancient civilizations. In his work we learn that the motif of the *Night Sea Journey* is associated with a loss of psychic energy which leads to an inward turning of consciousness (on an individual level), which tends to result in a personal neurosis or a depression.

That psychic 'no-man's-land' that a person descends to is an in-between state where they are faced with their own inner-monsters. Such a psychological state happens according to Jung, because; "*The conscious goes to the right and the unconscious to the left* [4]". The 'unconscious' being Jung's term for the subconscious.

“ The overcoming of the monster from within is the achievement of adaptation to the conditions of the inner world, and the emergence (“slipping out”) of the hero from the monster’s belly with the help of a bird, which happens at the moment of sunrise, symbolizes the recommencement of progression – Carl Jung –“On Psychic Energy”. [5]

As pointed out in [Preparing for the Hero's Journey](#), the winter solstice sun is transiting the *Cygnus Rift* region of the *Dark Rift* annually for 145 years and will be passing closest to its centre during 2031 and 2032. In a multitude of ancient myths [6] the Cygnus constellation, which features the Northern Cross, is the symbol of the eternal Swan, the cosmic bird that lays a golden egg at the dawn of each new Cosmic Day [3].

Although the Carl Jung references above are about the individual's *Night Sea Journey*, it could also be applied to humanity as a whole during the *Greatest Shift*. As the current *World Soul's* energy is winding down, humanity (meaning all the souls within the World Soul) is passing through the *Collective Night Sea Journey*, the no-man's-land, which is an in-between place, also known as the liminal space (more on this in the next chapter).

“ All the night sea journey myths derive from the perceived behaviour of the sun, which, in Jung’s lyrical image, “sails over the sea like an immortal god who every evening is immersed in the maternal waters and is born anew in the morning [7]”. The sun going down, analogous to the loss of energy in a depression, is the necessary prelude to rebirth. Cleansed in the healing waters (the unconscious), the sun (ego-consciousness) lives again – Daryl Sharp (Jung Lexicon) [8]


The motif of the sun rising is a well-known universal symbol connected to an awakening and new consciousness. In the context of *The Greatest Shift*, the symbolism is very clear. The new Sun will rise when the new cycle starts, bringing a new consciousness with it – and that should happen after the eternal swan symbolically lays its golden egg when it passes through the most central region of the *Cygnus Rift*; and by this essay's estimation, that should happen in the region of 2032.


## The Light Arrives at Midnight

The most important aspect of the full activation of the *Satya Subsubyuga* by around 2028 (mentioned earlier on), is that as humanity shifts into the deepest and darkest region of its collective *Night Sea Journey* (the *Dark Night of the Soul* and *The Hero's Journey*), it will be met with the ever-growing, incoming Golden Age energy of the *Satya Subsubyuga* and, as this truth-energy starts to come online, it should increasingly illuminate the deepest darkness of the shift. That should happen in the outside world and the inner world,

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because as indicated in the previous section, there would be an element of introspection to the process.

The adage of “what we focus on, is what we become aware of”, is pertinent in this regard, because those who anticipate the incoming light – and prepare for it – could also become the first receptacles and carriers of that light. It is indeed during the darkest of times that people seek out light the most and as will be illustrated in the following segment, there will be ample new light for those who want to connect with it.

### The Nature of the 2020 Vedic *Subsbyyuga* Shift

The Silver Age energy of the *Treta Subsbyyuga* (1960 – 2020) is mostly an intellectual and mental energy that is oriented towards thinking and reasoning, while the incoming Golden Age energy of the *Satya Subsbyyuga* (2020 – 2100) is an energy that has powerful spiritual and metaphysical qualities.

In Vedic writings, the *Satya Yuga* Golden Age has been described as an age of truth and enlightenment; an age of virtue and righteousness; an age where humans are devoid of wickedness; and an age where humanity is in harmony with cosmic law [9]. Thus, a significant change for the better in terms of how humans experience spirituality and truth could be expected once the *Satya Subsbyyuga* is fully active.

That said, it's important to bear in mind that this shift is not a *Yuga* shift, but a *Subsbyyuga* (fractal) shift, meaning that the underlying *Kali Subyuga* (1900 – 2100) will continue to have a materialistic impact on human consciousness for another 80 years until 2100. Moreover, the main *Dwapara Yuga* energy will continue to have the strongest influence on human consciousness well into the future, until the year 3900.

It's only when the *Kali Subyuga* is finally left behind after the year 2100, that the main *Dwapara Yuga* age (the 'Electric Age') will come fully into its own right. In other words, we are currently still in the initial materialistic (and immature) phase of the main *Dwapara Yuga* age, defined by its *Kali Subyuga* segment, but this materialistic youth-phase will be fading out very slowly from after 2020 onward until the end of the *Satya Subsbyyuga* in 2100.

### The Prophecy of the Condor and the Eagle Revisited

*The Prophecy of the Eagle and the Condor* [10] is considered to be one of the most important prophecies for indigenous peoples across the Americas, including the Maya people. In the first chapter of this series, it was stated that prophecies such as *The Prophecy of the Eagle and the Condor* and *The Hopi Prophecy* don't have specific timelines attached to them due to not being specifically embedded within any calendar frameworks, making it difficult to know when they would manifest.

It was suggested that attention should also be paid to prophecies that are specifically related to energy time-frames within the *Maya Short Count Calendar* (which is the *Prophetic Calendar*, also known as the *Maya Katuns Cycle*). Subsequently, in the second chapter of this series, the prophecy for *Katun 2 Ahau* (from 2012 to 2032) was analysed and interpretations were presented.

In this chapter, and the one before it (*The Big Picture View*), the *Vedic Yuga* system has been analysed and presented as a comparable and compatible energy framework that could be used alongside the Maya Calendars to evaluate incremental energy shifts during *The Great Shift*.

### Coming Full Circle

We now arrive full circle and back at the subject of *The Prophecy of the Eagle and the Condor* and its profound relevance for the tumultuous times that we have entered.

That prophecy says that in terms of human consciousness, a time will come when elements representing the brain, such as the rational and the material, will come to be reunified with elements that represent the truths of the heart, such as the intuitive and the mystical.

When reflecting on the nature of this expected new consciousness that is described by *The Prophecy of the Eagle and the Condor*, it's hard not to notice its resemblance to the consciousness that could be expected to arrive during the *Satya Subsubyuga*. The nature of the shift between the *Treta* and *Satya Subsubyugas* (as described in previous segments) indeed seems to bear a strong resemblance to *The Prophecy of the Eagle and the Condor*.

#### The Rising of the Fifth Sun

“ First, it's going to be like a very dim light, that barely shines. But as time goes by, this will be increasing and increasing. There will be the children of the fire, the children of the sun. – Elizabeth Araujo (Spokesperson for Don Alejandro Perez Oxlaaj in the film *Shift of the Ages*) [11]

The most well-known and respected Maya elder, who is the elected grand elder of the Mayas, Don Alejandro Perez Oxlaaj, president of the National Mayan Council of Elders of Guatemala, stated that the *Prophecy of the Eagle and the Condor* would manifest during a time of great turmoil. This was in a documentary film called *Shift of the Ages*, dedicated specifically to the subject of *The Prophecy of the Eagle and the Condor*.

In that film, Don Alejandro delivered a message of warning that there could be the possibility of war during that time and that it should be avoided at all costs. Maya elder Elizabeth Araujo, who is the translator for Don Alejandro in the film, explained that he had a vision of such a possible event and that was why he gave such a direct message. He was concerned about the potential for a great loss of human life, accompanied by wide-ranging destruction of the natural world, due to contamination and fallout, should a wide-scale war ensue.

However, Don Alejandro's main message in the *Shift of the Ages* film is that we, the people of the world, are *one* in spite of all our differences and that we should put aside our differences that could lead to conflict to protect and preserve the planet, because we have contaminated everything, including ourselves.

Another part of the message is that *the people of the centre* should bring the peoples of the North and South together. In the context of the Americas, *the people of the centre* are the Maya peoples and the other indigenous communities in Central America whose role it is to unify the peoples of South and North America.

An additional meaning that could also be applied to the above message is that those who have already connected their minds with their hearts and are therefore already centred within, should work towards bringing balance and harmony to humanity and to the world at large, which is an activity anyone so inclined could participate in, no matter where they are on the planet.

#### Old Darkness Obstructs New Light

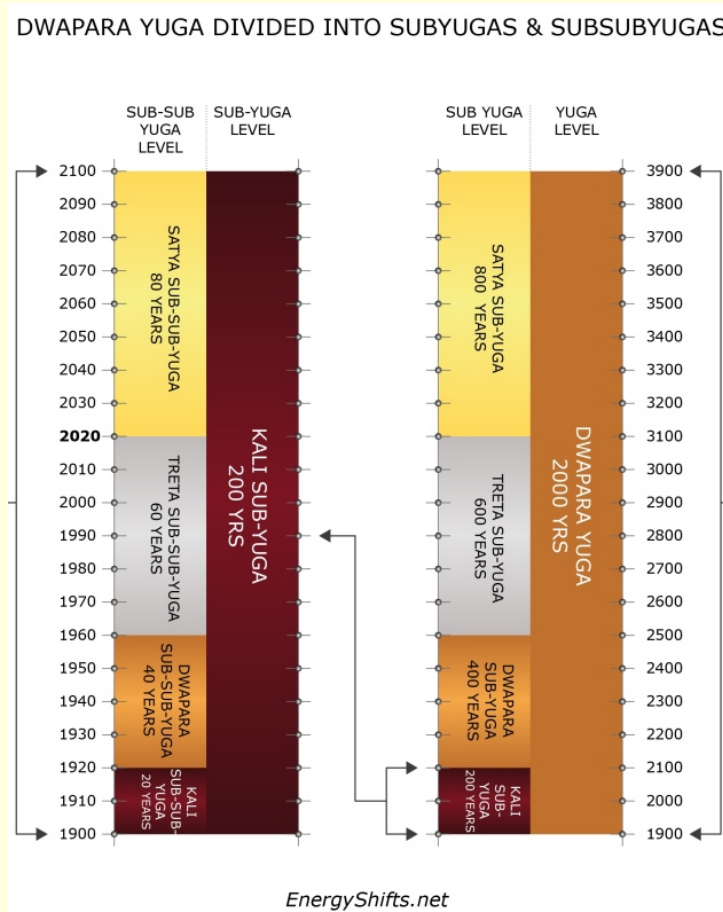
“ We should additionally note that the cycle of the yugas does not proceed in a uniform way, but through a series of transformations, which can have a destructive side. So, struggles between the powers of light and the powers of



darkness can heighten even in an era of generally increasing light, such as we see today [1]. – Dr David Frawley, American Institute of Vedic Studies

Dr David Frawley, founder of the American Institute of Vedic Studies, explained in a detailed [article](#) published in 2016 [1] on the subject of the *subsubyugas* that just before an important energy breakthrough is about to be made into a higher and brighter energy age, an accumulation of dark energy attempts to obstruct the light from breaking through to the other side.

He also explained that due to modern humans' highly advanced knowledge of technology, combined with relative immaturity and irresponsibility (because we are still in the beginning stages of *Dwapara Yuga*), the misuse of such technologies and weapons could potentially lead to great devastation, should war break out.



On the above point, he stated further that the previous three *subsubyugas* all featured a major war. The *Kali Subsubyuga* (1900 – 1920) featured the First World War, the *Dwapara Subsubyuga* (1920 – 1960) saw World War II, and the *Treta Subsubyuga* (1960 – 2020) experienced the Cold War. According to him that means that further wars could not be ruled out entirely, even after we have entered the *Satya Subsubyuga* (2020 – 2100), which would be a more spiritual age.

### The Maya Venus Cycle

At this stage it's worth considering the *Maya Venus Cycle*, which is one of the oldest cycles known to have been used by the Mayas [12]. Although they don't use it any more, it continues to remain relevant and is still observed by other groups in Mesoamerica.

A detailed discussion on the Venus Cycle is beyond the scope of this essay, but in short, every 52 years is called a *Cycle Round* in the Maya calendars and every 104 years is called a *Venus Cycle*. In a very general sense, aspects of the energies that were active 52 and 104 years ago would be active now. One can thereby get a very general idea of the nature of



the current 'energy atmosphere' by looking back at how things were 52 and 104 years ago.

For example, when using the 52-year *Cycle Round* according to the above principle, an interesting pattern that comes up is that the 1968 flu pandemic, (also known as the Hong Kong flu), happened exactly 52 years prior to 2020, and the Spanish flu, (also known as the 1918 influenza pandemic), happened 50 years prior to the 1968 Hong Kong flu. In the latter case, it was 50 years prior to the previous pandemic, not 52 years, so this approach should not be taken too literally, but as we can see there is a general pattern there.

Similarly, when using the 104-year *Venus Cycle* according to the above principle, we could infer that 2020 had a similar energy to that of 1916, and that the energy of 2021 (the publication year of this essay) is similar to that of 1917. By the same token, 2022's energy would resemble the energy of 1918 (and so on). Anybody familiar with Western and World history would know that the 1910s was a very tumultuous decade in Europe, North America and Russia and so were the 1920s that followed.

None of this means that history will repeat itself exactly or even in the same way, it just means that the general time period that we are currently in has at least in some respects, a semblance to the atmosphere of 52 years and 104 years ago, and that's worth factoring in.

#### As Above, So Below (Revisited)

It's important to keep in mind that everything that happens on the physical plane is defined by what happens energetically on the metaphysical plane – it's not the other way around. In other words, first comes 'above', then comes 'below'. It's also worth keeping in mind that the physical, material plane is actually an energy plane too, even though it's rarely experienced like that by humans. The 'above' governs the 'below'.

The following segments will illustrate the direct link between the metaphysical energy of the 'above' and the physical energy of the 'below' and how the relationship between the two matches the metaphysical timelines that have been defined in this essay.

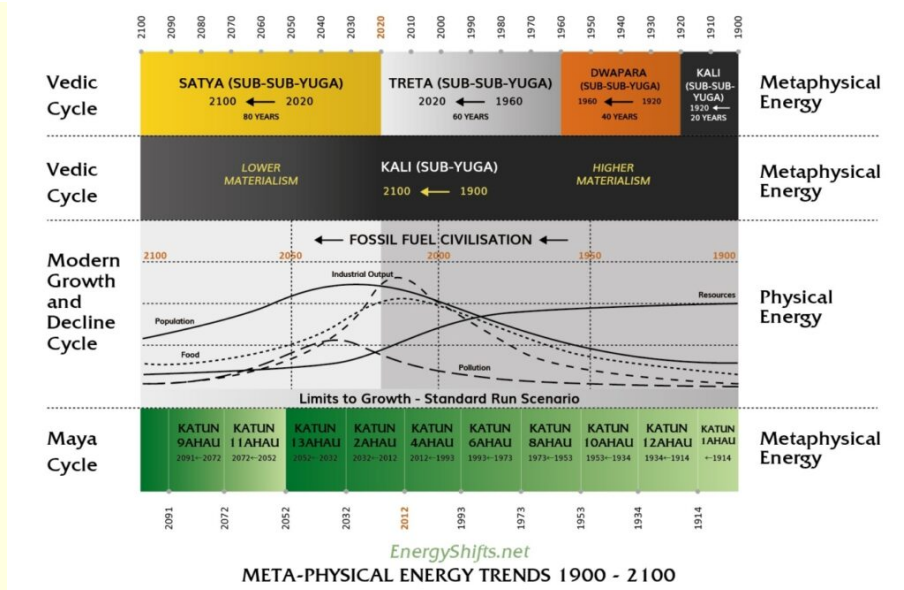
#### The Quintessential Energy Age

In the context of the overall *Yuga Cycle*, it's said that it's during the main *Dwapara Yuga* age that humans become aware of multiple forms of energy – physical and metaphysical – and how to work with them, however due to the current position we are in on the *Yuga Cycle*, our consciousness is still in the early stages of developing that awareness.

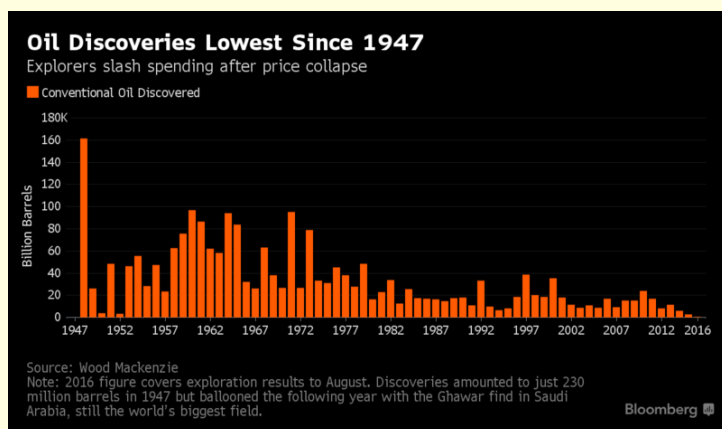
The implication is that in the interim, before a more advanced energy awareness arrives, we will continue to be dependent upon fossil fuels. Should the availability of fossil fuels decline quite rapidly post-2020, as had been forecasted by the well-known *Limits to Growth* [13] report by the Club of Rome back in the 1970s, rivalries among nations could potentially develop due to depleting fossil fuels which could lead to energy scarcity.

#### Post-Peak Fossil Fuel Civilisation

Virtually all academic sources dealing with raw materials usually depict the availability of the physical resources necessary to run and maintain our Fossil Fuel Civilisation, along a timeline running from between the years 1900 and 2100. Although this may be pure coincidence, that timeline lines up naturally with the metaphysical energy trends that have been described in detail in this essay so far.



When looking at the metaphysical and physical timelines side by side, we can clearly see that although a downturn in physical and material energy resources is predicted according to the *Limits to Growth* 'Normal Run Scenario', that downturn will be accompanied by a gradual upturn in metaphysical energy awareness after 2020. Post-2020 we are entering the last 80 years of the consciousness and mindsets that have driven modern humans to create and maintain a fossil-fuel based civilization, but that consciousness is set to slowly decline during a time when the actual availability of physical resources will be declining too.



### In Summary

Our current overly materialistic awareness of energy will, over time, give way naturally to a growing metaphysical energy awareness, and that will happen incrementally as the metaphysical energy seasons change. On a practical level the world is likely to face many challenges going forward in terms of having to adapt to a less resource intensive civilisation, simply because fossil fuels are dwindling (to be discussed further in a future chapter. Please see also the [Resources Page](#) for more information on this subject).

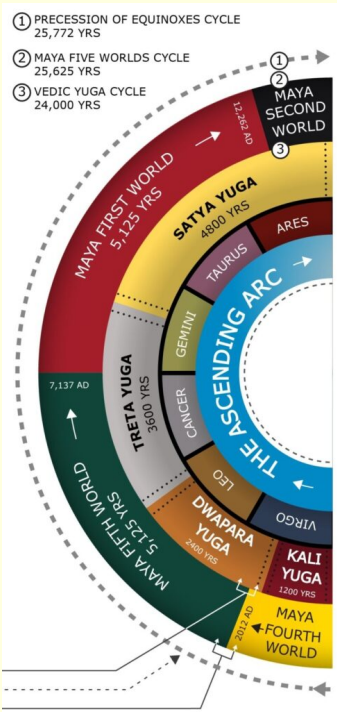
### Breaking Through to the Other Side

In conclusion, a revival in terms of a newly found interest in spirituality and the metaphysical is almost certainly on the cards during the next 80 years and more evidence of that will be presented in the next chapter, but that development would probably be accompanied by people trying to hold on to the old, outgoing paradigm, mainly because that's the only paradigm they know.

On a metaphysical level, the changing energy seasons could be compared to changing energy frequencies, with the frequency rising higher with each shift; those not attuned to the higher frequencies will most likely not want to shift along, which is why there has been a divide forming (more on this in the next chapter).

The Lights are about to Flicker On

As can be seen from the long-term evolutionary trend in the overall Vedic *Yuga Cycle*, the energy flow is relentlessly upwards, because we are on the *ascending arc* of the *Precession of the Equinoxes Cycle*.



The current drop in metaphysical energy is only a temporary phenomenon that takes place during major energy transition phases (as described before), but this temporary decline should bottom out around 2032.

It was over on the other side of the *Precession of the Equinoxes Cycle*, more or less at the same position on the *descending arc* of the overall *Yuga Cycle*, that the lights of higher consciousness and truth were flickering off, but the contrary is now set to happen.

It would, therefore, make good sense to align oneself with the incoming light, to become one of the early conduits for it. By doing so, the individual lights that are already flickering on are lighting up the darkness along the way and are actively facilitating humanity's transition into the light of the

*New Sun*. How that could be done consciously will be explored in more detail in the next series of chapters: *Navigating the Greatest Shift*.

By J.J. Montagnier

[Please note that this series is a work in progress. Some edits may occur after publication. Sometimes, content earmarked for follow-up chapters only makes it into later chapters.]

*J.J. Montagnier is an independent researcher and writer. He has been studying and writing about Maya calendar-related subjects since 2014. He travelled to Central America in 2015 to familiarise himself better with Maya culture and history.*

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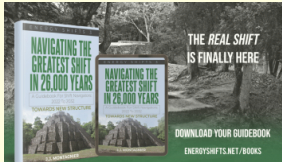


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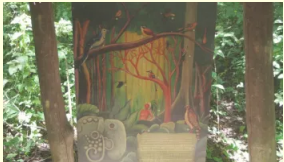
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**Jean-Jacques**

Explorer, Philosopher, Photographer



PREV POST

(1-D) The Big Picture  
View

NEXT POST

Mountain Path Views –  
Cape Town



11 Comments

Martina

3 YEARS AGO

REPLY



I have to admit, Jean Jacques, that your analysis of the past cultures and their awareness, the present and future development are very difficult for me to really understand, but I thank you very much for this highly interesting report.

So, it seems that we shifted into the Golden Age segment of the Kali Subyuga and this is the highest, brightest and most spiritual segment within the darkest, and most materialistic sub-season of the main energy season. You say that this juncture should be very important, because the darker denser and lower vibrating energy of the Kali Suyuga will be tempered with inflow of higher resonating and brighter energy. Illusions will, however fall away! This is very positive to hear, because I have the feeling that humanity degenerated because of the greed and arrogance that has been spread in our societies and taken possession of them. It seems also to be true that fossile-fuel based civilization is going to decline. I think this is necessary, if humanity wants to survive. Personally I very much feel the energy and positive feelings that sun gives us! You certainly feel the positive influence of the sun in your home country!:) My very best regards Martina

★ Loading...



**Jean-Jacques**

3 YEARS AGO

REPLY

Thank you for your comment Martina. You have summarised it very well, but it would all depend on people and it would not be the same everywhere.

There's a lot happening at the same time, some positive and some negative. In fact we are going into a dark period because consciouness is dropping and to an extent it brings out the worst in people. So basically many dark traits are now in a revival; power, dominance and control is at the order of the day. Corruption is rife due to greed. We see that human rights for all are not championed, but only selectively, etc. Unfortunately if this spirals out of control it could lead to a lot of problems for humanity, because energetically this darkness will continue for at least 10 more years (from my reading of it)

But – in the meantime the contrary will start to happen too – there will be a powerful revival in spirituality and truth-seeking and it will rise naturally and organically in the midst of all the darkness.

There has been a devide forming in recent years between the 'children of darkness' (unconsciousness) and 'children of the light' (consciousness) – the supporters of untruths and lies vs the supporters of truth and honesty – the subject of truth vs the opposite of truth is really at the core of everything. Due to the nature of duality this devide is part of the transition even though we are supposed to be united ...

I will discuss this in detail in the next chapter, but we are at a cross-roads for humanity on many levels – and every individual should choose wisely the road to take. It's not something difficult to do to choose the path of light – any person can make the simple decision to support truth as much as possible in all circumstances (and then commit to it fully and start living it).

It is Truth that is the Light in the Darkness ☺

You are right, the sun has a very positive influence and my country is i blessed with it, that's the truth ☺ We still have some very warm days I planning to enjoy it as much as possible before autumn arrives.

Thanks for your contribution Martina! Wishing you a great day further  
Jean-Jacques

★ Loading...



**Martina**

3 YEARS AGO

**REPLY**

To me it seems, Jean Jaques, that it is absolutely difficult to always recognise truth! Is it true that to be vaccinated is the best thing to do, or are we just manipulated! Is it really true that to save the planet we have to give up eating beef, or are there just other people, who want to make the big business! Anyway, to live 10 more years in darkness sounds a very long time, but I am also convinced that a period of more spirituality and truth seeking must be approaching:)

I really enjoyed our conversation and I thank you very much.  
Enjoy the day. Martina

★ Loading...



**Jean-Jacques**

3 YEARS AGO

**REPLY**

Thank you Martina – very good points. You are right, it is difficult to always recognise the truth in all situations, but we must always try or best to find it. I would say that on the subjects you mention the truth should be very clear by now (although it was not clear at all for much or last year), but by now we already have one year of data behind us and very many independent professionals have expressed their knowledge and have voiced concerns and reservations – so there's enough information available from credible people.

However, the truth is also that speaking truth can get a person 'cancelled' (nowadays), which is why a lot of people avoid it – and regarding some subjects like the ones you mentioned, the truth can be considered very controversial. The interesting thing is that the very fact that truth cannot be spoken much anymore shows clearly that we are in the time described by the wise spiritual elders that I quoted in the essay: a time of darkness that is suppressing the light (because Truth is the Light).

At the end of the day everything has purpose and having to make huge effort to find the truth will in itself contribute to motivating a spiritual revival. Yes, 10 years of darkness sounds long – I agree. But now we know there will also be a lot of Light ☺ So, we can concentrate on that rather, and help to bring it in – I will talk about that in the next chapter.

In many of the spiritual communities they talk a lot about the concept of "Light Workers". Well, the darkness is here and this is the time that

the Light Workers have been waiting for, so now they need to get to work as that ☺

Thanks for the discussion, Martina  
I really enjoyed it too! ☺  
Warm wishes,  
Jean-Jacques

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